

Table 1: National park trail classification system

<b>Difficulty Level</b>	<b>Description</b>	<b>Suitability</b>	<b>Recommended Equipment</b>
<b>Grade 0</b>	The trail is flat and has good facilities. The slope is gentle and suitable for wheelchairs and children's strollers.	Suitable for all ages, wheelchair users, and children's strollers.	Water, hiking snacks, rain gear, mobile phone.
<b>Grade 1</b>	The trail is well maintained with facilities in good conditions, and it features guiding resources and a gentle slope. A normal itinerary takes half a day to one day to complete.	Walkers.	Water, hiking snacks, rain gear, mobile phone.
<b>Grade 2</b>	The trail is well maintained with facilities in good conditions, but the slope has slight undulations, and there are potential risks due to unpredictable weather. A normal itinerary can be completed within one day.	People with average to good physical fitness.	Water, hiking snacks, rain gear, mobile phone, warm clothing, backpack.
<b>Grade 3</b>	The trail is located in a relatively remote mountainous area. The path is clearly formed but some slopes are very steep. There are potential risks due to unpredictable weather. A normal itinerary can be completed in one to three days.	People with good physical fitness who have the ability to read basic maps, carry heavy loads while walking, assess risks, and respond to emergencies.	Refer to Table 2 to bring the necessary camping or forced bivouac equipment based on your itinerary.
<b>Grade 4</b>	The trail is located in a remote mountainous area. The path is formed, but parts of the terrain are rugged, and there are potential risks due to unpredictable weather. A normal itinerary can be completed in three to five days, or within three days if the trail	People with good physical fitness who have the ability to read maps, carry heavy loads while walking, survive in the wilderness, assess risks, and respond to emergencies.	Refer to Table 2 to bring the necessary camping and related technical/climbing equipment based on your itinerary.

	features challenging terrain.		
<b>Grade 5</b>	The trail is located in a remote mountainous area, and the path is relatively unformed. There are potential high risks due to rugged terrain and unpredictable weather. A normal itinerary takes three to five or more days to complete, and preparations for challenging terrain must be made.	People with excellent physical fitness who have the ability to read maps, carry heavy loads while walking, survive in the wilderness, assess risks, and respond to emergencies.	Refer to Table 2 to bring the necessary camping and related technical/climbing equipment based on your itinerary.
<b>Grade 6</b>	<ol style="list-style-type: none"> <li>1. A Grade 3 to 5 trail covered in snow (ice).</li> <li>2. Special routes, such as routes that are not established, unformed mountainous tracks without defined roadbeds or paths, remnants of ancient trails, or trails that require specialized exploration or climbing skills.</li> </ol>	People familiar with snow mountaineering or those who have the necessary technical/climbing skills.	Refer to Table 2 to bring the necessary camping and related technical/climbing equipment based on your itinerary.

Note 1: The estimated number of days is based on the average itinerary and is provided as a reference. If you decide to shorten the itinerary, please make sure to improve your fitness level and assess risks.

Note 2: Before embarking on high altitude mountain trails, please make necessary preparations and itinerary plan in advance, pay attention to whether you are suffering from altitude sickness, and establish a turning point to retreat if necessary.